

# York County High Schools MIYHS Results, 2009 - 2017

## ~ Selected Indicators



Percentage of students who:	2009	2011	2013	2015	2017	ME 2017
<b>Tobacco Use</b>						
Smoked cigarettes in the past 30 days	18%	16%	12%	10%	9%	9%
Think obtaining cigarettes is easy or very easy	72%	68%	61%	57%	53%	54%
Think daily tobacco use is not harmful (1+ packs per day)	11%	10%	9%	9%	12%	12%
Learned about dangers of tobacco use during school year	NA	43%	45%	45%	42%	41%
<b>Alcohol Use</b>						
Had at least one drink of alcohol in lifetime	64%	61%	54%	51%	47%	48%
Had at least one drink of alcohol, past 30 days	32%	29%	27%	25%	23%	23%
Had 5 or more drinks of alcohol in a row, past 30 days (binge drinking) of those who said yes to past 30 day drinking	*	*	*	*	32%	35%
Think obtaining alcohol is easy or very easy	71%	69%	66%	64%	63%	61%
Think 5 or more drinks in a row 2+times a week is not harmful	24%	20%	18%	17%	18%	18%
<b>Marijuana Use</b>						
Used marijuana at least once in lifetime	39%	38%	NA	36%	31%	33%
Used marijuana one or more times during the past 30 days	24%	24%	23%	21%	18%	19%
Think parents would <i>not</i> think their marijuana use is wrong	15%	15%	15%	17%	19%	19%
Think obtaining marijuana is easy or very easy	61%	61%	57%	56%	51%	52%
Think “regular” marijuana use is <i>not</i> harmful (“regular” changed to 1 or 2 X week in 2015)	40%	45%	52%	60%	65%	65%
<b>Use of Other Substances</b>						
Sniffed glue, breathed contents of spray cans, or inhaled paints or sprays to get high, at least once in lifetime	14%	12%	9%	7%	7%	7%
Used a prescription drug without a doctor’s prescription, at least once in lifetime	20%	16%	15%	13%	*	*
*Used a prescription pain medicine without a doctor’s prescription, at least once in lifetime	*	*	*	*	10%	10%
Used a prescription drug without a doctor’s prescription one or more times, past 30 days	10%	8%	7%	6%	6%	6%
<b>Safety and Protective Factors</b>						
Offered, given or sold illegal drugs on school property, past 12 months	23%	26%	23%	21%	19%	20%
Bullied on school property, past 12 months	24%	27%	27%	23%	21%	22%
Talked with parents about the dangers of alcohol, tobacco & other drugs, past 12 months	41%	45%	49%	50%	NA	NA
Rode in car driven by someone who had been drinking, past 30 days	19%	17%	15%	14%	15%	14%
Rode in car driven by someone using illegal drugs (including marijuana), past 30 days	26%	24%	21%	17%	17%	16%
Think they would not get caught drinking by parents	60%	58%	52%	49%	49%	49%
Think they would not get caught drinking by police	87%	86%	84%	82%	81%	81%
Have 1 or more teacher that cares and supports them	77%	79%	81%	79%	82%	82%
<b>Depression and Suicide</b>						
In the past 12 months, felt so sad or hopeless almost every day for 2 weeks or more in a row	23%	24%	25%	25%	27%	27%
Seriously considered attempting suicide, past 12 months	14%	14%	16%	15%	14%	15%

%’s have been rounded to the nearest whole numbers.

\*Question changed or no longer asked.

Compiled by Sally Manninen, Choose To Be Healthy Coalition [www.ctbh.org](http://www.ctbh.org) 207-351-2655. Complete results at <https://data.mainepublichealth.gov/miyhs/home>. For your school’s results, contact your Superintendent.