



Coalition Meeting Minutes
Thursday, September 24th, 2015
3:30-5:00 PM
York County Community College

Present: Wendy Anders (Sweetser), Bobbi Beavers (Maine House Rep), Judy Doran (Marshwood Middle School), Officer Jay Durgin (Kittery PD), David Faulkner (Day One), Scott Gagnon (SAM-Maine), Ellen Harford (YCCC), Jill Hofmeister (Noble Middle School), Diana Kelly, Catherine Locke (Marshwood Middle School), Sally Manninen (CTBH), Michelle Mason (CTBH), Jean Mitchell (YCCC), Deb Nelson (Consultant), Sue Patterson (CTBH), Sarah Porter (UNE), Bonita Pothier (Sen King's Office), Joanne Potter (MSAD 60 School Board), Lisa Robertson (York Adult Ed), Devin Rowe (CTBH), Cynthia Travers (Marshwood Middle School), Peg Wheeler (MSAD 60 School Board), Marilyn Woodside (Kittery Schools), Detective Todd Bayha (Wells PD), Stephonne Young (Juvenile Community Corrections), Deidre Thompson (YCCC), Ginger Lauritis (CTBH Advisory Board), Guy Pollino (Traip Academy), April Powell (York County), Captain Jerry Locke (Berwick PD), Brenda Bladen (Shapleigh School), Deb Erickson-Irons (York Hospital), Lora Kline (United Way of York County), Patty Hymanson (Maine House Rep), Shay Stathoplos (Horace Mitchell School)

I. Welcome and introductions

a. Refresher on who we are and how we are funded

1. We are a community health coalition serving Southern York county (Eliot, Kittery, South Berwick, North Berwick, Berwick, Ogunquit, Wells, Lebanon, and York) with funding to primarily work on substance abuse, tobacco, and obesity prevention.
2. We are located on the York Hospital campus at 18 Williams Ave in York and are also known as the Community Health Department at the Hospital.
3. We received Healthy Maine Partnership funding July 1st to continue our work on tobacco and obesity prevention initiatives. Thank you to Reps Bobbi Beavers and Patty Hymanson for their support.
4. Patty Hymanson mentioned that she was going to submit a bill September 25th regarding a new DUI enforcement initiative. It would be modeled on those in other states that require people who

have received DUIs to report to the police station twice a day for 5 months for breathalyzer tests and has been shown to have positive effects. Check out “A Simple Fix for Drunken Driving” in the August 14, 2015 edition of the *Wall Street Journal*. You can contact Patty at patty.hymanson@aol.com

- II. Jay Durgin, Kittery Police Department
 - a. Cop Sync 911 is a new school safety initiative that will be used in the 3 Kittery schools starting October 1st. They are the first schools in the state to have this program (all schools in NH already using it). SRO Jay Durgin wrote the successful grant application.
 - b. A few problems with current response system: some schools do not have good cell phone reception, making it difficult to call PD and EMS; with the close proximity to NH some calls are routed through their dispatch, making response time longer; when PD and EMS arrive on scene, often do not know where to go, especially if they are responding from outside local area and not familiar with schools.
 - 1. This program allows the teachers in the classroom to press a button located on their computer to alert PD and EMS. They have 15 seconds to cancel if hit accidentally. The 5 closest officers receive an alert and respond to scene. Gives direction to school and where command center is. EMS and fire also respond.
 - c. Questions? Contact Jay at jdurgin@kitterypolice.com
- III. Scott Gagnon, Smart Approaches to Marijuana (SAM)-Maine
 - a. Smart Approaches to Marijuana was formed in 2013 on the heels of Colorado and Washington legalizing marijuana. Their approach to marijuana policy is based on “reputable science and sound principles of public health and safety.” Scott Gagnon is the state coordinator for the Maine chapter of the organization.
 - b. Marijuana’s impact on youth
 - 1. 1 in 6 chance youth will develop addiction to marijuana.
 - 2. 22% of HS youth report using marijuana at least once in the last 30 days. Most other drug use among youth has been trending down, while marijuana has been staying about the same (and trending up in some counties in Maine).
 - 3. 2/3 of youth in treatment are there because of marijuana, and 60% of those people are also using alcohol.
 - 4. Strong concerns about impact on brain development and mental health, especially among those with a family history of mental health issues.
 - c. Marijuana Summit was held in Bangor on 9/23

1. 2 national speakers spoke at the Bangor summit: Dr Stu Gitlow, the President of the American Society of Addiction Medicine, and Tom Gorman, Director of Rocky Mountain High Intensity Drug Trafficking Area.
 2. Rocky Mountain HIDTA released an executive summary on 9/24, which addresses the impact of marijuana legalization in Colorado.
 3. Strategic planning session with people from around the state talking about what is going on in other areas and what is in place currently that is working.
- d. 2 groups trying to collect signatures to put marijuana legalization on the ballot: Legalize Maine, who is proposing the ME Dept of Agriculture would regulate it; and the Campaign to Regulate Marijuana Like Alcohol, which has backing from a national organization called Marijuana Policy Project, who also worked the push to legalize marijuana in Colorado. Both are currently collecting signatures to put marijuana legalization on the ballot in Fall 2016.
 - e. Questions? Contact Scott at scott.m.gagnon@gmail.com.
- IV. Bonnie Pothier, Senator King's Representative
- a. The roundtable that was held in Brewer on August 25th came about because of a meeting held in January where Senator King convened all of his regional representatives to talk about the top issues in their local areas. Overwhelmingly, the number one issue was drug abuse, specifically opiates.
 - b. Senator King and staff reached out to other members of Congress, the White House, and the Director of the Office of National Drug Control Policy, Michael Bottecelli. Director Bottecelli agreed to come to Maine to sit at a roundtable discussion with substance abuse prevention, treatment, public safety, and others.
 - c. They were looking to get a group of 20-30 and ended up with closer to 80 people. They talked about the problem, how to raise awareness, and how they were going to follow up.
 - d. Next steps: looking to talk to groups with the Senator joining via Skype.
 - e. Thoughts shared with Bonnie:
 1. Drug abuse comes back to a fundamental problem with our culture, a severe lack of connectivity among/between people.
 2. We need to look at building assets, look at other state's models, more resources for schools, and more treatment beds.
 3. Would like to see more medical professionals authorized to prescribe Suboxone, such as Nurse Practitioners.

4. Law enforcement officer concerned about where to refer people for help/treatment. Used to refer to Mercy Hospital and Portsmouth Regional Hospital won't accept people from Maine.
 5. Additional feedback or questions for Bonnie? Contact her at bonita_pothier@king.senate.gov
- V. Sue Patterson, RD—CTBH Coalition Director
- a. There will be a York Hospital Dietitian at the York Hannaford every Tuesday from 1:30-3:30 PM.
 - b. Sue is coordinating a 6 week obesity treatment class that started 9/22 at York Hospital. This class includes both group and individual classes with registered dietitians, behavioral health counselors, exercise professionals, and more.
 - c. Writing a grant proposal for funding from the United Way and will partner with End 68 Hours of Hunger on childhood hunger initiative.
 - d. Contact Sue with questions at spatterson@yorkhospital.com
- VI. Sally Manninen, CTBH Substance Abuse Prevention Coordinator
- a. Next Substance Abuse Action Team meeting is Wednesday, October 14th from 12-1 at York Hospital (TMR). Lunch will be provided. Contact Sally Manninen at smanninen@yorkhospital.com to RSVP or for more information.
 - b. We have also placed a handouts with more information about upcoming events and activities under the “Alcohol and Drug-Free Communities” section.
- VII. Devin Rowe, CTBH Healthy Maine Partnership Coordinator
- a. New e-cigarette law effective Oct 15th
 - b. Working on South Berwick Rural Active Living Assessment (RALA) and looking for partners to work on Lebanon RALA. Please contact Devin at drowe@yorkhospital.com if you live in either of these towns and have an interest in helping with the assessments.
- VIII. Deb Erickson-Irons, Director of Community and Population Health at York Hospital
- a. Community Health Needs Assessment update
 1. Save the date: Monday, December 14th from 3:30-5:30 PM at York County Community College. Contact Deb for more information at DErickson-Irons@yorkhospital.com
- IX. Join us on November 12th from 11-1 at York Hospital for a lunch time meeting with Amber Derosiers from the Maine Attorney General's office who will be talking about tobacco laws. FMI or to RSVP contact Devin at drowe@yorkhospital.com