

Maine Opioid Response Strategic Action Plan Framework

OUR GOAL

Reduce the negative health and economic impacts of substance use disorder and opioid use disorder on individuals, families, and communities in Maine

LEADERSHIP

Priority A: Take decisive, evidence-based and community-focused actions in response to Maine's opioid crisis

Strategy #1: Provide strong state-level leadership for prevention, overdose rescue, treatment, and recovery

Strategy #2: Increase public understanding and reduce the stigma of substance use disorder and opioid use disorder (SUD/ODU)

Strategy #3: Maximize the collection of actionable data and evaluate the impact of interventions

PREVENTION

Priority B: Prevent the early use of addictive substances by children and youth

Strategy #4: Support healthy early childhood development

Strategy #5: Reduce adverse childhood experiences (ACEs) and promote life skills and resiliency for all youth

Strategy #6: Identify and support youth at risk for developing a substance use disorder

Strategy #7: Expand community partnerships to educate and engage youth, families, and communities

Strategy #8: Develop and pilot a primary prevention project tailored specifically for Maine's rural communities

Priority C: Reduce the number of prescribed and illicitly obtained opioids

Strategy #9: Improve the safety of opioid prescribing

Strategy #10: Reduce illicit opioid supply

OVERDOSE RESCUE

Priority D: Make naloxone available to anyone who needs it

Strategy #11: Ensure broad distribution of naloxone and its availability to high risk individuals

Strategy #12: Increase public awareness of overdose prevention and use of naloxone

Priority E: Maximize data to reduce harm

Strategy #13: Improve overdose tracking

TREATMENT

Priority F: Ensure the availability of treatment that is local, immediate, and affordable

Strategy #14: Improve patient access to Medications for Addiction Treatment (MAT), with special efforts to reach populations most at risk

Strategy #15: Increase MAT provider capacity, particularly capacity for providing low barrier, rapid access to treatment

Priority G: Promote the understanding and use of harm reduction strategies

Strategy #16: Educate providers, patients, and the public on harm reduction approaches and strategies

RECOVERY

Priority H: Support individuals in recovery

Strategy #17: Support recovery for youth and adults with SUD/ODU

Strategy #18: Support alternatives to incarceration

Strategy #19: Increase recovery coaching services

Priority I: Build and support recovery-ready communities

Strategy #20: Increase community-based recovery supports